The Gratitude of a Distressed Man

Jonah 2:1-10

Jonah thanked God while he was still in the belly of the fish.

1. **He was Grateful for God who Hears. (1-2)**

- Amid his distress, Jonah prayed to the Lord his God.

Truth: God hears us when we call upon Him.

A grateful heart prays and give thanks to God while waiting for the answer.

2. **He was Grateful for God who Preserves. (3-6)**

- Jonah recognized that God was not finished with him.

Truth: God was and is still at work.

A grateful heart gives thanks for a God who never gives up on His children.

3. **He was Grateful for God who Saves. (7-9)**

- Jonah declared salvation comes from the Lord.
- After being delivered, he will go again and testify at the temple giving the thanksgiving offering.

A grateful heart brings offerings and worships the God of their salvation.

Then the Lord commanded the fish, and it vomited Jonah onto dry land. (v. 10)

Gratitude to God can be expressed before the answer comes.