

## Finding Freedom From Fear

### John 8:31-36

Are you afraid of anything right now?

Depression, Anxiety, and suicide are reaching their highest levels in decades.

FEAR - does nothing but TAKE AND DESTROY.

FEAR - herds us into a prison and locks the door.

God does not want us to fear, to be afraid.

From Genesis 15:1 to Revelation 2:10

the command to fear not, do not be afraid is given hundreds of times.

The question is:

JUST HOW DO WE MAKE THAT COMMAND A REALITY.

### I. WE MUST KNOW JESUS

#### Matthew 8:23-27

Do you KNOW JESUS?

Do you REALLY KNOW JESUS?

These very disciples:

Had left everything and followed him.

Had listened to the Sermon on the Mount.

Had witnessed him heal the leper and many others.

Had witnessed him cast out demons.

#### Matthew 8:18-22

They Understood the cost of Discipleship and had committed to it!

Yet we read in verse 27; **“Who is this man?”**

### II. JESUS REBUKED THE STORM NOT THE DISCIPLES

A. Can you identify with those disciples? **I SURE CAN!**

There's a storm raging, I'm praying like crazy, and Jesus is sleeping.

It's okay.

You're not the first to feel Jesus is out of touch with reality!

He replied, **“Why are you afraid? You have so little faith!”**

Why are we afraid? We're about to die!!!!!!

B. This was a miracle to teach His followers about fear.

Notice: ***Then he got up and rebuked the wind and waves***

He had asked the question while still reclining.

He didn't panic.

We panic, but God does not panic.

**“God isn't scratching His head wondering what He's going to do with this mess of a world”.**

- Alex Cravens

### III. YOU HAVE ALREADY WON THE VICTORY

#### Mark 4:41

Now their fear of Him much greater than their fear of the storm.

The more they knew Him – the more they could trust Him.

You don't have to be afraid, because Jesus is greater than what you fear.

### IV. LIVE AS A VICTOR NOT AS A VICTIM

#### 1 John 4:4

To find freedom from fear...

Fear God Above All. (Know Him – Reverence Him – Trust Him)!

#### Matthew 10:28-31