

CHOOSE TO MASTER YOUR MOODS!

Affirming the truth of God is simply exercising faith.

Affirming God's truth can really help you master your moods...

For I can do everything through Christ, who gives me strength. Philippians 4:13

"We are more than conquerors"

"God is with me"

"If God is for us who can be against us..."

"I matter to God"

FEELING BETTER?

THESE THINGS ARE TRUE!!

CHOOSE TO BE A VICTOR NOT A VICTIM!

A VICTOR OVER YOUR CIRCUMSTANCES

NOT

A VICTIM OF YOUR CIRCUMSTANCES

The person who allows circumstances to dictate whether he is going to be happy or unhappy, will always be the victim of circumstances ---- not the victor over circumstances.

"I have the freedom to choose how I will respond to each circumstance!"

Viktor Frankl

TO DEVELOP A LIFE WELL LIVED:

CHOOSE TO MASTER YOUR MOODS!

CHOOSE TO BE A VICTOR NOT A VICTIM!